Hi Dan, the ACCC and others,

Because you're mine, I've walked the line. See related discussion below and attached which may interest some of your constituents or not, as the case may be.

This hopefully also goes a little way towards answering the latest Australian Competition and Consumer Commission (ACCC) Inquiry question 18. 'How easy or complex is it for consumers to switch from a retail deposit product to an alternative product that better meets their preferences? What alternatives do they face? (However, if they think I've got nothing better to do than answer their stupid questions for free, they'd be right at this time.)

To all those thinking about land and housing matters, should you ever forget the Seal of the Crown under state Constitutions, or should you ask your personal lawyers at the usual outrageous expense for writing non-committal drivel about it so that the matters all go on for longer and cost more while becoming more complex? This is perhaps like the Voice debate about having an aboriginal voice in the Constitution? Remember all the states have Constitutions too. See more on these vital state land and building matters attached

Thankfully I am not a seal with or without the Crown. See related family discussions below and attached for confirmation.

Cheers Carol O'Donnell, St James Court, 10/11 Rosebank St, Glebe, Sydney, www.Carolodonnell.com.au.

Hopefully on behalf of atheists in the Commonwealth of Nations. (I will only take homosexuals, Tina Turner loving footballers or self-described others instead if there aren't enough atheists.)

To Christians and other People of the Books as well as Atheists,

YOU SHOULD LOOK AT THE NUMBERS: AN ATHEIST GRANDMA ADVISES ON DISABILITY, FAMILY PLANNING AND DEATH FOR OLD MEN AND WOMEN WHO WANT TO GO I ADDRESS BOYS' CRYING IN THE GOOD WEEKEND MAGAZINE LATER TO QUESTION IT (GOD KNOWS WHERE THIS IS GOING AND I DON'T CARE EXCEPT PERSONALLY).

The answers all inside you head, she said to me/ The answers easy if you take it logically

You know I'd really like to help you in your struggle to be free/ There must be, fifty ways to leave your lover (Paul Simon)

The thing ya gotta know is, everything is showbiz (The Producers)

Carol O'Donnell, St James Court, 10/11 Rosebank Street, Glebe, Sydney 2037 www.Carolodonnell.com.au

ON THE RIGHT AND HELPFUL RATIONALITY FOR THE AUSTRALIAN STATE AND PEOPLE OF THE SELF-DETERMINED BIRTH AND DEATH (GO FOR IT PUBLICLY OLD BOYS AND SHOW US HOW)

The Australian Labor Budget and its Opposition (supposedly coming eventually to furious agreement on regional disability support direction)

Independence in life and death choice is a moral concept and goal I guess few of us seek for ourselves. I trust its importance for moral and practical reasons of survival and thriving now and in future on this planet. Atheists also have rights in this global view of independent choice and violent or other coercion which prevents it, especially for women and children who depend essentially on them alone in many cultures. I speak as an atheist with a morality which accuses the rest and I'm sure I'm far from alone behind closed doors, or they don't ask the question. Atheists also have duties to others, supposedly as much or as little as anyone else of any religion, for example. Chinese people led the international way in this accommodating and highly successful approach to more democratic development by trying to love one's neighbours, with or without any particular God attached. Taiwan is part of Chinese history as well as making the choice of a US partner. Didn't we all? This is the lesson I have also taken personally, from watching and studying the comparative development efforts in Nigeria, China and other global regions over 75 years, including in Australia as a Marxist woman and grandma. I address the good life and death in Australia, in my case, and that of many other old people, I guess. I want to die with help when I want. I want a death I can choose easily with suitable assistance to the family and state. So, criminalise and sue me? (To the usual expensive bastards, thanks a lot.) I address the mental health of Matt Nable, his brother and other attitudes towards death later, to make some related points about children and men's health. (I didn't need a degree in psychology for that.)

If Australia is going to build nuclear submarines and rockets, putting Australia in the firing line of other rockets and proliferating testing under its AUKUS agreement, the parliament should vote on these moves every step of the way to stop men killing us for their own career advance and dumb pleasure. Some of us know and remember the way men tested their bombs in the Pacific and elsewhere during the years after World War 2. By today's standards of concern for people and the environment, such men seem like thoughtless primitive animals to me, rather than scientific heroes protecting our lot. To be led by the US Constitution and its US allies is to be led by dangerously outdated principles which encourage violence to others and the self. in 2023, there have already been 200 mass shooters devastating crowds and families and themselves this year alone, in the US. One wonders what this does for the mental health of parents sending their children to school, or knocking on the wrong door any night. Their denial is turning us into thinking more politely about our mental health at home? I address mental health in this context, including men's, with the treatment of the ballooning National Disability Insurance Scheme (NDIS) costs principally in mind. (I don't care much what Matt does. It's fine by me if he wants to die soon.)

In this national service context, one wonders first about the expected future of the National Disability Insurance Scheme (NDIS) doubting its capacity to serve well enough. This is to ask Bill Shorten, Julia Gillard and the rest of the architects or users of these services, whether they think anything needs to be done about the ballooning costs of the promotion and expansion of the NDIS to budgets and services in general. It also seems now as if life should bring no more disappointment or sorrow, let alone death. I address religious and related paid or voluntary land and accommodation or other services in related regional contexts. According to the Australian Institute of Health and Welfare website, a disability is any condition that restricts a person's mental, sensory or mobility functions. It may be caused by accident, trauma, genetics or disease. A disability may be temporary or permanent, total or partial, lifelong or acquired, visible or invisible. More than 4 million Australians have disability, or around 18% of the population. The prevalence of disability increases with age. Around 1 in 8 (13%) people aged under 65 have some level of disability, rising to 1 in 2 (51%) for those aged 65 and over. Only a wealthy state, one assumes, would be in a position to call an increasing proportion of its population disabled, while providing government support, rather than throwing them back on their families or their churches for any more normal expectation and succour. My main personal point to add to this issue is that the cost of attempting to stretch life out seems worse than wasted in the case of the person who only wants to die for apparently good reason. I address related aboriginal development later and attached.

Treasurer Jim Chalmers appears to pit nuclear missile and submarine development against typical women's issues in his budget, such as health care, education, and disability support in life. There is huge money to be made in death. This could be better managed and spent to the advantage of the estate and the community it is expected to serve as well as it can. From the Western scientific perspective, it is a reality that we come to an end as live individuals. The life cycle approach tends to obscure the reality that as individuals we all must die. Our bodies are left behind here. Scientists or others might be able to use them more effectively than normal, if people who want to die for any reason were allowed to plan their own deaths with help. On the other hand, I have seen that many of the current problems of the world, like women having to carry and raise too many kids to support effectively alone, have led to increasing inequality over time. The mobile phone which was supposed to liberate us all has had the opposite result of hugely increasing the divide between the rich and poor in many places. I therefore address the death of the old and disabled and the rights of children to be supported by their mother with help wherever they want it, if possible. Let immigrants without parents who seek a better life fill the gaps here. I discuss the fine Australian early history and development in the prevention and treatment by vaccine of HIV/AIDS and related sexually transmitted diseases later.

Current funding and management issues are addressed later and attached, in support of regional planning in land and housing, starting with parks and gardens in our local case in Glebe, as usual. This focus on health and disability services in the current international and regional development directions began with common development goals and definitions in World Health Organisation (WHO) contexts of care for children and communities in the poorest global regions first. See more on this regional planning direction starting with health at www.Carolodonnell.com.au The Japanese have some crazy toilets and I am going

back there soon, as well as North Korea. Please tell Nixon Apple (of Queens Birthday Honours (2019) and National pick for 2020) for services to superannuation and trade unions, that he can share my trip to Japan and even my room, transport, guides and more, if he is broke. Either that or he can come to Alaska and Canada with me, particularly if he is richer now. Can you find Nixon for me? He is somewhere in Melbourne. God knows where but I can't find him as usual.

This delivery is ideally also designed to enable better freedom from want for all through better health care and birth control support, especially for children of women left behind. Education is seldom enough. It hasn't worked and can't keep up. The economist's promise that everything will be alright in the long run, as the market mechanisms operate to allow this to occur, appears absurd in highly and well-regulated nations with TV. My webmaster remarked to me that when you come from Afghanistan, Australia seems absolutely full of rules stopping you doing what you want. I have great respect for the WHO and Australian government development directions because at their best they aim to serve the people. I address relations between people across the world later, to argue that the atheist perspective, which is left out of any recognition of human rights, is as good or better than the rest in terms of providing solutions to social problems. Later, I will consider the Whitlam government agreement with Indonesian government over East Timor and the common meaning of independence globally, regionally and personally.

A regional and historic direction of global and local analysis seeks a better and more accessible self-management approach to the norm. Ideally it openly assists more common analyses of the needs of current and future generations on particular land and in surrounding oceans, for example. (Where have all the young men gone, long time passing, where have all the young men gone, long time ago? Etc. etc. as the baby boomer generation sang in their youth, which seems a very long time ago now. Duck out of the party early if you are sick or tired of it. What's the drama?)

I lie alone in bed, for example, and address the reply of the Opposition Treasurer, Angus Taylor, to the recent budget of the Treasurer, Jim Chalmers. I support Labor government direction within a broader church of Greens, teals, Independents and others in theory, or in practice, for example like at the National Press Club on ABC TV. (Can they do anything except talk or write, I hear you cry. This is where money comes in.) Angus Taylor read his feeble speech poorly, but spoke alone much better in his national address on the budget. He said, among other things, that he opposed large sections of the Treasurer's budget because, "If you want more of something, you don't tax it more". He does not appear to be approaching this matter from the perspective of the state. He should be, as he was elected to do so and his constituents are part of that broader government construction. On the other hand, I hope we share a developing concept of the state as wealth ideally constructed for the welfare of its people. Learning from our proud history, we do not see the state as just an unproductive problem crowding out better market development.

With the development of the democratic state, the services ideally provided to all of its people grow, one way or another. More of us are now called upon to administer services to the people better than can be done by a lot of the crappy direction than comes out of Silicon Valley IT and US market connections. (And that's a fact, Jack.) Like Enron 'green' energy management or that of Price Waterhouse Cooper's accountants, the market rises and falls on increasingly unequal forms of knowledge and destruction of the globally poorer environments and person. In this world, our natives appear rich because we have government coffers behind what they think. We expect more from them or not, like everybody else with vested interests in self-improvement. I explore this as an old Australian atheist, to serve the particular organisation's members or its customers and related communities first. Their richer masters, shareholders, lawyers and other funds should adjust their expectations of service accordingly, if possible, or go elsewhere. Risk management and service principles were grasped in the 1980s and lost since. (God came back again?)

I discuss the article 'Rental market not working for anyone' in the Sydney Morning Herald (SMH 20.5.23 p. 24) in related regional contexts addressing land and housing later. The article outlines some of Evan Thornley's ideas. He is executive chair of property company LongView, along with property settlement company PEXA. Having seen many irrational IT management operations in strata housing, garage management, touring and accommodation management and elsewhere in recent years, I am deeply bitter about payment systems designed to protect diverse offices and their related accounts. Their attempt appears to be to shove all trust, work, cost and risk onto the most ignorant piece in the chain, the end user. The IT determines what the user must do, against the user's and related company interests in many cases. The IT producers try to act to keep a consumer ignorantly spending, before the latter pulls out, having lost. This problem is addressed later and attached for example. The development of a single patient identifier under Medicare, as a single record from birth to death, with diverse treatments recorded upon it, is the ideal opposite. Former PM, Kevin Rudd, sought the development of this longitudinal patient record for many good health and related accounting reasons, like prevention of overservicing. The alternative, which some service payment and management systems represent, is a way for many more service providers to hide from the lot, while still taking their money. I assume these matters are central to investigation in the funding establishment and management of housing and related services. I have no idea of how well these concerns are understood by anybody.

Angus Taylor also said that "when you want to get prices down, you want to get more supply". To a Marxist grandma like me, who values the historical and regional context most in analyses, Taylor appears to have a wrong expectation that the market will return to equilibrium if left to its own devices. It is the captive of regulation for very good reasons of service to people, by preserving expected professional standards in law, for example. However, the nature of any professional body or association, is to try to support its members through ensuring their wages and living conditions are secure and improving by the usual bargaining means. Funds could save a lot of money by serving people more directly and effectively (for example by encouraging mass Microsoft Office and email settings), rather than in more dysfunctional and secret IT competition to make money. The more broadly reliable and accountable service is, the more it avoids the need for litigation, let alone

the protracted sort. The Western legal expectations about business proliferate normal lawyers' costs through multiplying legal privileges and secrets. They value these for themselves because then they can speak on behalf of everybody else in the case. They run the lot.

The lessons about managing disability were learned to a certain extent through the development of state workers' compensation claims and their fund management in co-operation with insurance companies in the 1980s. Then they were lost to US directions as usual. The aim was a fund run in better data driven and cheaper ways than lawyers driving towards court. The question for fund managers now appears to be how to direct effort to broaden service to the people, in various ways they want. There are many ways IT development might meet this service goal, but it has to be understood first. I am grateful to those in the political process who taught it to me in the 1980s then lost it. Related complaints about the design and management of the Australian Competition and Consumers Commission (ACCC), the Macquarie Bank and housing owners and managers are attached. I guess that a great many religions, armies and related forces are the inheritors of substantial land and housing. This is to invite the opening up of these estates in the shared processes of death to enable better housing and teaching services to a wider range of people in the future than in the past, whether they live in Australia on a comparatively permanent family basis or not. In 'Rental market not working for anyone, Bill Thornley said most landlords were already worse off under a system that was failing both investors and people in their homes. Is it failing investors? Who are they?

On reading the front-page article entitled Labor clash on housing policy (SMH 16.5.23), I look forward to learning more about better design of housing and other fund management according to possibilities in various regions of various types. One often wonders what the federal government thought it was doing with a medical model and disability scheme which they promoted widely, while being amazed that so many, given the licence, would take it up and hang on while denying death. I address the rights of religious and other people of the books, in global terms later, to argue that old people have rights to a state assisted death which recognises them and their gifts to the community along with others, religious or not. This is an exploration of the gift economy, rather than the US economic alternative of monetizing sentient beings to call it a better life. Baby, you just have to deliver it better, like Australian Story. A comparatively large number of people who are aboriginal or who have mental or physical disability end up in jail, which is very expensive. The law is based on the presumption of innocence, but I hate this moral and legal principal because I think that if one is accused of something nasty, one ideally and often feels a moral incentive to personally respond to any allegation one considers wrong, made by parents, authorities, neighbours or anybody else. As a woman I would feel morally compelled to respond immediately, strongly and personally to any moral accusation I thought untrue or unfair personally, for example, not only through a lawyer in court, dragging it out. It sickens me that the advice to keep one's mouth shut is taken as a sign of the morally correct behaviour of an innocent man. Related discussions with the prisoner lobby group, Justice Action and others are attached.

Productivity is a common economic ideal, based on marketizing many more of the services once performed at home or in the fields with barter rather than money, for example. Productivity may rise as a result of weapons production leading to war, which is also productive for some, followed by rebuilding again. (This may be super productive while it lasts.) Productivity may be unhealthy for those living under the control of angry men with

bombs or guns, whether the men claim to be saving them by freeing them, or not. How much increased productivity supports the people in any area depends not only on what the producers do to them, but also on how equally any estimated or produced outcome is divided up, and how many it is intended to serve. This economist's drive for productivity commonly appears most costly for many of those poorest. The Australian state, on the other hand, is comparatively well equipped to produce good service in alliances with private sector operations. All may also support the broader service aims of other openly elected governments, as well or better than in blinkered private and voluntary sectors alone. Compared with conduct of elections in the US, for example, conduct of elections in Australia runs like a perfect dream, including the movement of crowds, address on TV and counting. My greatest concern is that the best democratic institutions in this country will become increasingly corrupted by US management and marketing approaches, assisted by US IT and universities. It is this concern which also makes the historically effective development of trade union and party organisation in this country so hard to question effectively without losing its improving power.

Locally, I refer to entertainment in reading the Good Weekend magazine article in which professional football player turned writer and actor, Matt Nable, discusses "men, mental health and the valour of vulnerability'. I address the subject of sick, old, depressed men and women later, concentrating on Matt Nable's plight, as reported by Garry Maddox in The Good Weekend (6.5.2023). I also address good and bad Jews, in the light of Wolter Peeter's interview with Anthony Lowenstein, about the community treatment of his family, in The Good Weekend the following week. Do any of these men discuss their matters very openly, honestly and helpfully for any men and their mental health, or not really? I guess not, because I also guess vulnerability is largely shown only in intimacy with the women keeping them reasonably well grounded or not, as the case may be. But as an old and unfashionable Australian Marxist grandma, who am I to guess? Tom Kenneally, with the usual Irish Catholic Australian authority of the writer accepted and translated in books and movies across the world, thinks that Matt is hugely intelligent and it's great he wants to talk about his profound depression. I guess Matt wants a better paid gig than the usual. One still wonders what Anthony Loewenstein thinks a state containing Jews and Arabs might look like in structure. It seems to me he is reluctant to offer any solutions to Jewish problems other than to point out that he and his family have been hurt. (Wait for his next book?)

I am from a longish line of Northern European Protestant and atheist stock. However, I have specialised in a lot of Catholics and Jews starting at Queensland University in the sixties. I address the global advance of the Christian religion later, along with the ups and downs of Jewish identity and the rights of atheists, who are growing in number in Australia, while losing their grip faster. This is like a lot of Jews in other places, I guess. I write because I hate the way women and good doctors have had to fight to get good contraception and abortion, to ensure women could have a better life while living more independently in paid work, as well as at home. For their own advance and that of their children, they should not perhaps rely on a single man and many children for their support, especially in disability and old age. Some may prefer to be dead earlier and are probably best equipped to show us the way with old doctors, engineers or other helpers. (Personally, I've got nothing against the

local Catholic brother, as at least he has seen a lot of death, compared with me and the rest, so I guess he isn't as frightened or alarmed as many.)

I chose friends and lovers carefully, partly because one cannot choose one's family. I have never experienced violence or hatred personally, but unlike a recent issue of The Watchtower, (No. 1, 2022) I believe this is also largely because I have never experienced real want. The Watchtower thinks hatred is reformed by reading the Word of God according to Jehovah's Witnesses. I think atheists have better understanding and cures for how hated arises. As I live alone, I expect to die soon under the care of my daughter, to whom my worldly goods are endowed. I appeal to Matt Nable and his brother, Aaron, who is dying of motor neurone disease, to die together fast and nicely if they want, while somebody films it. Both men are sick adults who are far from young. It seems to me that the choice of living or dying should be left totally up to them and that either way, we should appreciate them for what they leave behind. The funeral is less interesting than the death, because filming the good self-chosen death gives old and depressed people greater knowledge and confidence in the capacity to perform euthanasia. Many will deem this good. Atheists have rights and duties like others, whatever Matt and his brothers and mates think about good behaviour. These guys appear behind the times and determined to be so. I would be grateful if the Anglo-Catholic morality and political police now running the English-speaking part of the Western world would widen their minds to give us better men to study. Try Asia.

Atheists have as much right to death as Christians or others who may or may not conceive themselves as having a moral duty to their nation or land and people

I mainly address Christians and other people of the Books about suicide and mental health policy primarily to argue for the rights of atheists to make decisions about their time of death in old age, whether they are considered or consider themselves sick or not. We atheists don't usually believe in life everlasting and we don't think we are coming back. However, a lot of us would like to try to be useful while we are here, including with treatment of the inevitable births, deaths and disabilities of life. Unlike the singing and dancing Catholic man and his many children in Monty Python's, The Meaning of Life, we atheists do not often believe that "every sperm is sacred, every sperm is great/ If a sperm is wasted, God gets quite irate". (These days it's all in the films, so I have bought the usual boxed set, and SBS also shows them regularly on free to air TV.) I discuss Freud and jokes in this regional and historical development light later, to argue for a better blended approach to God and service to the people who may include atheists, or not. In Civilization and its Discontents, Freud discussed the common death wish and the related high risk of selfdestruction which has normally been applauded by many men, especially in war, hard and selfless work, and entertainments like professional sport and drug use. These may foster gambling legally or not, depending on the fashion. Sex and rock n roll appear comparatively harmless to women, unless they didn't choose it themselves or got venereal disease or pregnant as a result.

It therefore seems unreasonable for anyone, and especially for men and others invited to be lyrical about their men engaged in war and sport, to deny the right to death. One may

even think one has a duty to die or be killed in certain circumstances, and I certainly do, with the aim of better regulated and more broadly effective organ donation, for example. The state must give all people back the responsibility for their own lives. It cannot and should not claim to protect, rather than serve, anybody who chooses their own death. I say this partly as we are all hostages to fate to greater or lesser extents, depending significantly upon our wealth and related beliefs. The death of one more comparatively privileged one, who chooses to leave, doesn't matter much. The world is too crowded with better and poorer people already. There are so many who appear equal or better than others by virtue of being younger, stronger and with more promise.

The likelihood of men being killed in paid work, or other community service has got comparatively little attention because of the hindrance it poses to the normal production focus on the tools. Let Matt's friends, Tom Keneally and his mates in advertising and the family all have a death party, for example, if they want, and film it for us. Then we can follow when we want, when we have become old and tired of life without hope. In my personal view, death may be less a disability than a rational moral choice with economic goods and memories and freedoms for others in the will. Stage your death with somebody who knows how to administer death reliably, painlessly and with respect, and congratulations to those all around or you alone. (it's just a suggestion and I admit the thought of being anywhere near the death ceremony, rather than watching it on free to air TV is unappealing. As a grandma, however, I want death reliably, happily and painlessly too, when I choose. Death of the old who want to go would free up a lot of housing and money to assist people who may be comparatively short of both and younger. The principles of quality management in Medicare were well put by Stephen Duckett but I can see why they may need reform over time. The NDIS is addressed in funding contexts related to other common funds later.

In this discussion shaped to address NDIS costs, I also point out the obvious importance of family planning, contraception and abortion services to help children of the future distinguish between the apparent opportunities and fortunes of poor big families and rich big families. The latter may do even better by investing in Australia's richest private schools with land and building programs, for example. As our disabilities increase with age, so may our acquisition of multiple properties increase. I dunno. Ask all the leading guys in East Timor or elsewhere, who couldn't keep it in their pants what happened to any kids or don't they know as usual? Their housing may be kept empty of locals, to attract higher rentals from shorter stay guests on AirBNB or similar platforms. The French say that to understand everything is to forgive everything. As a sociologist keen to distinguish between bodily breach, violent or otherwise, (guns, fists, needles, penises, etc.) and other forms of coercion or advice, I agree this may feel threatening. However, it seems wrong that atheists have no rights in law to be more concerned about any of the people left behind, who might also be released or benefit from any earlier and self-chosen death. In spite of the recognition of any professional duty of care, it seems wrong and impossible to effectively police the actions of a person determined to kill themselves. On the other hand, the people who such a person may harm if kept out of jail, should be the state's primary consideration. At the end of the day, the people of the Book appear to regard life as sacred and everlasting. As an atheist I am not one of those but I am a neighbour so we should come to some accommodation. If

we try to communicate better directly in written ways through Microsoft Office or on TV, or newspapers we would avoid the need for protracted litigation (as they say in the comics.)

CHISTIANS APPEAR DOMINANT IN NUMBERS GLOBALLY BUT SHOULD ATHEISTS HAVE EQUAL RIGHTS IN THE AUSTRALIAN STATE ANTI-DISCRIMINATION APPROACHES, FOR EXAMPLE?

THE PROPOSED ABORIGINAL VOICE IN THE AUSTRALIAN CONSTITUTION AND PARLIAMENT IS ADDRESSED IN RELATED CONTEXTS BRIEFLY LATER AND ATTACHED.

I'VE BEEN A FORNICATOR AND AN ADULTERER, DIVORCED, HAD HOMOSEXUALS AND DEFLOWERED A FORMER CATHOLIC BROTHER FROM AN OPUS DEI FAMILY. SO, IF I DON'T MIND WHAT ISRAEL FOLAU HAS SAID ABOUT PEOPLE LIKE ME ON ANY DEVICE, WHY SHOULD ANYBODY ELSE? (UNLIKE A LOT OF MORE RELIGIOUS GIRLS, I NEVER NEEDED AN ABORTION.)

The numbers don't lie about the people of the Book? Australia provides a comparatively peaceful and comfortable life for atheists of many faiths? It is the land of Satan? The tendency of those teaching in the Faculty of Health Sciences at the University of Sydney to pretend that religious belief and life should both be as long as possible, if not everlasting, made me sick.

According to Wikipedia, Christians made up 2.4 billion or nearly one-third of the world's population in 2020 and Christianity is the largest religion in the world. The largest Christian denomination is the Catholic Church, with 1.3 billion baptized members. The second largest Christian branch is either Protestantism (if it is considered a single group), or the Eastern Orthodox Church (if Protestants are considered to be divided into multiple denominations). The United States has the largest Christian population in the world, followed by Brazil, Mexico, Russia, and the Philippines. There are also large Christian communities in other parts of the world. The religious and political views and structures in these key states appear diversely troubled but subject to accommodation in the light of related global and historical development factors. I address some related service design for loving one's God or neighbour, or serving other designated people.

Jewish people, like many Christians and others, have made their homes in nearly every country in the world. However, the majority of Jews live in one of only two nations: Israel and the US. Based on data from sources including the Jewish Virtual Library and the American Jewish Year Book, Israel led the world with an estimated 6.89 million Jews in 2021. The U.S. followed closely behind with 5.7 million, the majority of whom Iive in New York, California, Florida, and New Jersey. These are the only two nations with Jewish populations that exceed 1 million. In the attached discussions for example, I refer to the vitally important intellectual and development work of many Jews, particularly in our Australian regional context. Christian, Jewish and capitalist development normally go together through business investment and development all over the world so naturally most of the world has now bought the systems. Once many Jews shortened their names to get

ahead but now some in particular places prefer the double-barrel emphasis, (Cass-Gottlieb, in Australia, for example). I note that Australian Jews, rather than Australian aborigines now appear to be a "dying race". However, the formerly common term "race" ignores the genetic mixes that are found underlying each person's description of their own identity, when it comes to their heritage. I note the fact of early marriages leading to large families full of children in a minority of Jewish, Christian or other communities nowadays. It doesn't help.

Abnormally large family sizes, by many wealthier urban family standards, may threaten others and generally increase stresses on the land and infrastructure which can no longer support the increasing weight of younger populations. Economists in wealthier nations like Australia, Sweden or Canada may call for greater populations to improve the national development prospects and reduce their costs. However, a woman is often better off with fewer children and a paid job because her independent thought and action often depend on it and so may her children. The children may benefit financially and perhaps emotionally too, if there is less competition for the resources of the mother, whether they are alone and slender, or not. If Muslims appear particularly angry about the Christian and Jewish ascendancy in a lot of places, because of historical developments in the 20th century or before, or after, I'm not surprised.

In 2017, according to the Pew Research Centre, there were about 1.8 billion Muslims in the world. Together, they make up nearly one-fourth of the world's population, making Islam the world's second largest religion after Christianity. Any country in which Muslims make up 50% or more of the population is considered a Muslim majority country. The country with the largest number of Muslims overall is Indonesia, which is home to an estimated 231 million Muslims. This is 86.7% of the Indonesian population and nearly 13% of the world's total population of Muslims. My guess is that the world is becoming more religious because the highest reproduction rates are by those who are poorest according to the common standards normally accepted in the richest parts of cities, where birth rates typically appear lower. As an atheist from an English atheist family who came to Australia in 1951, I see that the 20th century US leadership of the English-speaking world has had comparatively mixed or poor service results for an increasing number of people.

Historically and comparatively, however, Australia has not been a violent country except when drawn into the wars of its historical allies in Britain and the US. Since the federation of Australian states in 1901 we have had comparatively well-organised government and administration to serve the people working and living here at the time, excepting aborigines or not in individual cases. Historically, Australians have had to be driven to war by UK or US alliances like in AUKUS, except in the case of willing volunteers. The current commitment to building nuclear submarines and missiles, including in Adelaide, or Port Kembla, horrifies some and it should as it makes us a target of bigger men's fights again, while they pretend that they lead to our freedom, not painful enthrallment as usual. The Australian strengths and weaknesses should not be forgotten by aborigines or others in any world orders which seek to help children and women instead of leaving their fate to the

usual controlling or uncaring blokes. Australia has stood out as a nation of men who have treated their women and kids comparatively well, I guess. (I address Matt Nable later.)

According to the Pew Research Center global study of 230 countries and territories in 2012, 16% of the world's population is not affiliated with a religion, while 84% are affiliated. Furthermore, the study noted that many of the unaffiliated, which include atheists and agnostics, still have various religious beliefs and practices. Of the global atheist and non-religious population, according to Wikipedia, 76% live in Asia and the Pacific, while the rest live in Europe (12%), North America (5%), Latin America and the Caribbean (4%), sub-Saharan Africa (2%) and the Middle East and North Africa (less than 1%). The prevalence of atheism in Africa and South America typically falls below 10%. The Australian population, on the other hand, appears far more likely to have a much higher proportion of atheist members. According to the Australian census in 2021, Christianity is the most common religion in Australia, with 43% of our population identifying as Christian. However, this had dropped from 52% identifying as Christian in 2016. Almost 40 per cent of Australia's population reported having no religion in the 2021 Census, an increase from 30% in 2016. The number of people indicating they had 'No Religion' has increased by almost 50 per cent from 2011 to 2016. On the other hand, the share of Americans who identify as atheists has increased only modestly in the past decade. Pew Research Center telephone surveys conducted in 2018 and 2019, show that 4% of American adults say they are atheists when asked about their religious identity, up from 2% in 2009. An additional 5% of Americans call themselves agnostics, up from 3% a decade ago. I bet Pew doesn't count nearly as well as the Australian census. To study violence around the world is to conclude that the most religious areas of the world are also those that may easily appear most violent, for various reasons.

However, we are all trading neighbours in global terms and IT is either a big help or a big pain in the arse creating general confusion and further inequality by 'moving fast and breaking things". I like Australian free to air TV and radio, especially SBS TV which has a more multicultural character and translation services which can be made available comparatively fast and broadly as well as being reliable. This is a great national network for gaining rational policy, development and education, in better cooperation to serve Australians and others. Don't destroy its potential by breaking up the network in more dysfunctional competition, driven by comparatively narrow conceptions of IT service to any communities. The top mania for shoving new and expensive IT down people's necks when there are far cheaper and better ways of service to all should be better understood than the market-based creators can or will dare alone. The Australian Competition and Consumer Commission (ACCC) inquiry into the treatment of bank and related institutional deposits is addressed attached to show why the Macquarie Bank practice hurts us, as Glebe housing owners and renters, by supporting strata managers who act anti-competitively and wrongly in their treatment of us. More open and better-connected consideration of matters will be important for deciding on any fund management structures and support to serve the particular regional case in future. Go open early to educate the lot about the uncertainty in any venture. Australia recognised the HIVAIDS virus earlier and dealt with it far better than was the case in the US, where giving blood was marketized and the causes of AIDS were hushed up for business. Australian recognition of the transfer of the virus through skin

penetration by infected blood or semen led to the early identification of high-risk groups in order to engage them directly in help. Australian HPV (human papilloma virus) cancer vaccines are available to young people here at about 13 years old as many common cancers, as well as herpes, etc. are sexually transmitted. I have been heterosexual all my life but it seems to me that personal choice is likely to be diverse for diverse reasons and that homosexual choice ought logically to be accommodated by atheists.

I would never deny that people may draw their moral community strength and personal stability from many quarters, including religious beliefs, institutions, and communities. I think Australia has been a comparatively non-violent country which has assimilated people from all over the world on a comparatively rational and peaceful basis, following the establishment of the federation of states in 1901. Comparatively wealthy women who are in Christian, Jewish or other families have availed themselves of the benefits of contraception and abortion, as well as chastity in preventing many pregnancies. However, poorer women across the world have never been given the chance of safe family planning. Some have too many children to be able to support them to the standard of the wealthier social groups with fewer children. The wealthy norms have richer and complex economies and tastes. Many choose to limit their family members and have two parents in paid work, propelled or not, perhaps, by the advertising of new products and services. The increasing population is more typically left on rural land or in the cheaper accommodation in cities, often scratching for a living. As an Australian atheist, I find it highly questionable that religion is a protection against community violence, and put the related WHO case for safe family planning as well as vaccinations. I put the related case that old people who wish to die for any emotional or financial reasons should have their wishes respected, with planned organ or body donation. A key aim of the Covid treatments in various nations was to demonstrate the key importance that will be placed on population health and safety by trading nations in future.

In historical and global trading terms consider, however, that if one counts the populations of communist Russia, China, Cuba and Vietnam as atheists, rather than as Buddhists, Christians or of any other religion, for example, one includes a lot of extra people in any conversation about rights and duties for everybody across the world. As an atheist I would argue that some of the most important discussions for greater wellbeing now and in future revolve around the right to self-determination through family planning, disability support and the performance of death and organ transplant or other estate management services, besides the use of the dead body itself. The religions of the Book, from the atheist view, appear to seek life and youth everlasting for all, along with marketing of marriage (heterosexual, monogamous, or not) and death in coffins or burnt (rather than being fed to fish or thrown to wolves, for example). This Christian view appears unrealistic and so unhelpful for safer and more cost-effective medical experiment and trading, which aims to provide help to as many people across the world as possible, cheaper or free. The alternative appears to be a form of comparatively dark market-based exploitation of the comparatively poor to assist the comparatively rich who can afford the necessary medical process of transplantation. A better alternative appears to be to use body parts more openly and in more broadly organised ways which put the choice of the organ donor paramount, in a gift economy, like the Australian use of blood products. Both our births

and our deaths, including in the weapons and drug trades, and in the killing and treatment of bodies, appear darkly incentivised in many places. Land, housing and other baby boomers' estates, for example, could be treated better and cheaper to meet our own family and other community obligations better than normal.

It seems worse than ironic that the oldest Christian nations appear globally also to have been the greatest producers of guns, bombs, missiles, land mines, submarines and related weapons, whether fuelled now by nuclear power or not. As an Anglo-Christian community which has given a home to many atheists since before its federation of states in 1901, Australia should logically recognise the right as well as the duty to die for one's country or family or community, for anybody who think this is the right thing for them to do. Feel free to go to war or football but as an old woman I've seen enough and all I want is to be dead when I choose, with reliable and good support, including from the state which might find my body parts will come in handy for something. I demand to go when I've had enough, for example, as I'm sick of turning on the TV every night and seeing men wrecking the lives of the people trapped by their fighting of each other, as usual, all over the world. They appear to do this primarily for the diminishing spoils of power to control events and financial affairs around them. I think East Timorese independence, population control, and oil exploration should be addressed in related global lights. To me it was an important initiative of the Whitlam government to recognise the Indonesian government interest in maintaining East Timor as part of Indonesia, rather than accepting East Timorese separation with related ideas of national and financial Independence. East Timorese birth rates are too high, at the regional or personal and family level, for its effective self-governance, I guess. Australian and personal self-determination are addressed in a related global context, balanced between the old and new global and regional connexions. These matters are also addressed in the attached discussions on funding services in better regional terms designed to reduce rather than increase inequality.

The treatment of local men's mental health and the question of how far they may help each other to improve it (Give them what they want and need by calling in new women to deal with it)

Families, as RD Laing observed, are often tied together with bonds of love and hate. Before the welfare state the women were there to serve the rest without much expectation of their own independently paid action. The development of the European and Australian welfare state owes a considerable part of its origins to 19th century Germany. Soldiers were provided with pensions for their families left behind and later this was extended more generally to male workers. It was increasingly broadly accepted that in taking on a contract, the worker had also accepted the risks of the job. An employer could not be sued for negligence in court because of this, so the state was called on to step in to provide more for some families of dead or disabled men. With the growth of men's technological and party advance, the welfare state grew throughout the 20th century. From a woman's view, perhaps the greatest liberating force has been the increased availability of family and personal life planning through the advances made in contraception and child health care. Women's working potential, paid or unpaid, has been supported by better housing and plumbing with

better public use of power and transport to assist production, for example. These advances in the increasingly common power for self-determination now include safe abortions for a woman unwilling to support one or more babies for any reason she chooses. This gradual view of the importance of women's independent choice, grew gradually and against the dominant views of many church authorities and politicians supported by their congregations and football teams or workplaces in some cases. How could it, however, be wrong to plan a safe, reliable and pleasant death when old and tired of life? I'd like much braver and more competent people in this area to show how and help me. I also make the moral case for the rights of any old Australians to be able to choose death for themselves when they want it to benefit others by ending their own distress. Then their families can remember them better than in final decline, perhaps.

In this historical context of development, I was pleased to see famous but physically and mentally disabled football player turned writer and actor, *Matt Nable*, on the recent cover of the Good Weekend magazine. In the article Face to Face, he was interviewed about *'men, mental health and the valour of vulnerability'* by another man. At the time Nable wrote and acted in the film, I thought The Final Winter was brilliantly honest about men like Nable. This surprised me as I have always hated competitive men's contact sport and golf, instead of music, singing, dancing or other performing arts at the gym. My father had been a boxer in youth and I thought that a lot of competitive male contact sport seemed likely to lead early to personal disability and death. However, like the war between Russian, Ukrainian and other men, why would anybody want to stop them if they want to do it, and to watch it, and it is making some a lot of money? I would be the last to try to do so as long as I can avoid it and them. I hate having men's sports rammed down my throat as if it is gloriously vital for women. My advice to those left behind by the times is to encourage the old like me to die if they are unhappy with their lot. Those left behind who appear more willing to live on can inherit more faster and more directly with less work, pain or loss.

In better managed competition at the national or state service partnership and delivery level, the old or sick and chronically tired of life, should be encouraged to choose death faster and show us. Those old people who may wish to die earlier than normal should be helped to do so to save money and pain for themselves, their families and government. Otherwise, the financial incentives built into the welfare state encourage higher expectations than can normally be satisfied for all those given comparatively poor financial incentives for effort. Matt Nable and his mates appear to be the common poster boys for the sanctity of life. Death appears best avoided to them. I guess they prefer to be cared for mainly by women or kids in paid or unpaid roles. They never get rid of the habit, but these days I find that I couldn't care less about the death of old people like Matt. Internationally we appear comparatively poor potential producers. We appear too old and with standards which are too high in terms of quality of life, as well as time and money, in comparative global terms. To choose self-destruction is the ultimate male freedom and men are encouraged to do it constantly in war. If they kill themselves and destroy their own weapons it will save a lot of people a lot of money and possibly even provide a trickle-down effect to some of the kids who need it more because they are just starting out on the stupid route. In my book, self-determination starts with the recognition of personal choice through voice. I am old and want to die, so help me do it properly because I'm big enough

to decide for myself when I want to go. (Think of it as a long holiday from a stupid mob I got sick of a long while ago.)

When I was young and writing with other women about women's refuges from violence in the book Family Violence in Australia (1982) I saw that the forces provide a lot of land and housing in many regions. It was a sign of the times that we did not consider the plight of the elderly who might be treated badly, but only the situations of younger women and children. The aboriginal women we approached didn't want to participate in the book at that time. In the light of current discussion about the treatment of land and housing in Australia, to improve sustainability while reducing its price, I bet land and housing owned by the Australian military forces is now worth considerable study for broader public policy, development and funding purposes. Related discussions about the operations of the treatment of deposits for housing management and turnover are addressed attached, to point to Macquarie Bank and related professional ties which appear to be delivered anticompetitively. In the global, Australian and local policy context I support World Health Organization (WHO) family planning directions as parental duties to children first, pondering related duties to the environment on their surrounding land and water, as well as to those traditionally left behind. I normally support free choice between consenting adults regarding marriage or in other associations claiming to abhor violence. This is addressed at www.Carolodonnell.com along with the key books and articles I have written alone or with other women, as well as in the lectures I gave at Sydney University Faculty of Health Sciences from 1994-2007, before I retired from paid work to live off superannuation, as addressed again attached.

I discuss the comparative Australian regional policy and practice situation, having observed throughout life the huge strides that the combination of Christian and Jewish thought or identity have made around the world, carried and marred substantially by its weapons and entertainment or gambling production. I argue that Australia should now take the logical democratic lead in the atheist approach which supports people who wish to have fewer children so that they can be more confident of their capacity to support themselves and others to the realistic standards they expect. The WHO view, which appeared to start with the effective spacing and reduction in the number of children a woman produces to term, appears to have gone by the wayside since the 1980s. Nowadays comparatively rich women, wherever there are good services, appear very rapidly to have made their own choices of contraception and abortion, to be free. Who can blame them? What are the rest doing and why? This is not an idle question because it relates particularly to key indigenous and other women in Australia, particularly those living in remote areas. The wrong financial incentives appear to be given for more reproduction even in a welfare state like Australia. This doesn't protect kids who end up in jail because they have stolen from those around or caused other loss. The rapid growth of disability pensions and related service payments seems highly likely if the normal political and professional trends continue unchecked. They are the very trends which also seem to me to fuel the likelihood of a third world war breaking out in any area like Ukraine where men love getting guns and using them with their mates.

Increased awareness of natural and man-made disasters, (e.g. pandemics, earthquakes, fires, floods, desertification, famine, coastal erosion, terrorism and other forms of gang or street war) appear everywhere. Some arise against military or democratic regimes or related productions deemed causal of the disaster. Through improved transport methods globally, there is also increasing global concern about trafficking or selling humans or other matter, such as guns, bombs or other weapons. Such travelling commodities may be sentient and alive or not, including for purposes of prostitution or additional violence in war, for example. Violence is always physical to me and the conceptual break between physical and other forms of successfully coercive behaviour is important to maintain. I naturally vote in favour of marriage for any adult who wants it and can find a consenting partner. I believe, however, that this renewed emphasis on the desirability of marriage which has been brought about by the recent "Gay Marriage" debate and vote in Australia, is likely to be bad for the future of children and the environment as well as women. It leads to promises that many will find they can't deliver over time in many cases. I don't believe that many homosexuals are as religious as they now pretend. These matters are addressed in regard to prisoner treatment and normal small business matters of community-based care, accommodation and its funding attached. I found the Good Weekend focus on Matt Nable and Anthony Lowenstein very interesting. Yet again, however, the interviews of men by men seldom seem good enough because they reinforce a male dominated problematic, without questioning it. I think this is because the latter is found too threatening to the family paradigm. (I briefly knew a man who was in jail for murdering his depressed wife. He hated child care because he thought his kids would be better off at home. Those were the days?) Women interviewers will cut to the chase much quicker if you let the more intelligent do it. I recall that Jane Singleton tried it with former PM Bob Hawke on radio while I was driving to work one morning. She promptly got sacked and replaced by a depressed black woman. (They're safer depressed.)

AGAINST STUPID QUESTIONNAIRES AND FAVOURING STORIES, RELIABLE OR NOT: I ADDRESS YOUNGER GENERATIONS SEEKING JUSTICE AND THE VOICE BY USING AUTHORITARIAN AND INADEQUATELY FASHIONED MEDICAL MODELS FOR LOOKING DOWN ON ME, TO ASK. "DO YOU WANT ME TO BE HONEST OR TO GIVE YOU THE RIGHT ANSWERS?"

Considering key religions, the denial of death rights to atheists and hoping for better leadership in regard to the treatment of disability

Before turning to my main plea for more information about the expected future of the NDIS and its National Disability Insurance Authority (NDIA), partly because they look highly inflationary on past professional service cost and practice, I am reminded that most people would prefer to be disabled rather than dead, because of the AUKUS warfare operations, for example. PM Albanese and his mates seek to build submarines and missiles wherever there is green steel, which is proposed for Adelaide and along the Illawarra Coast. Having seen a

lot of history on TV, I suggest old people who want to die should be killed for a change. I refer to the Evatt Foundation journal **90 Seconds to Midnight** later in this global nuclear powered and automatic gun culture where anybody can seek to produce and sell more weapons, also stockpiled openly or in secret, more easily in global terms. This has led to men in Haiti and elsewhere killing other men's children, wives, parents and brothers as well as each other. This occurs whether their states appear guided by any higher ideal or not. The folks are still dead and invariably killed by young men who thought they were doing good, or not. Perhaps some hate what their families and communities have done to them and would welcome their own removal. Gee, I dunno. You'd have to ask Matt Nable? The notion of independent choice and what it allows one to do appear more important for survival than trust in many cases. Truth is a higher virtue than loyalty to me.

Are Australians counted among the most disabled people in the world because we count them and pay them and treat them or lock some up? I can only guess this is now the comparative case globally, as this is a comparatively egalitarian country as well as a rich one in global terms, at least for now. The fact that the unemployment benefit is low encourages transfer to support for disability, which depends on a medical diagnosis. As Norman Swan wrote, in regard to the book Hippocrasy' (2020) by Rachelle Buchbinder and Ian Harris, "The hardest thing for a doctor to do is nothing'. Hippocrasy uses published scientific data to question both the common diagnosis and its treatment, claiming that doctors appear to be betraying their oath of doing no harm and this appears partly because patients want to be assured of successful recovery. The tests, diagnoses and treatments can become selffulfilling prophesy through the medical model solutions which recommend surgery or drugs, perhaps for life. This appears to be seen as increasingly necessary to prolong life as long as possible, until God or fate steps in and the body in the bed is turned over. As an old woman, I will always avoid the supposedly regular check-up if I have no symptoms of illness or injury. I think these tests are often primed to find something wrong, so that if one doesn't die as a result of treatment for a particular diagnosis, the practitioners become the hero. It seems to me the mark of a mad society when old people go to doctors without symptoms.

The article *Medicare's problem is god-doctors not bulk billing*, in the Australian Financial Review, stated heart disease, diabetes and mental illness make up two-thirds of the disease burden and contribute to nearly nine in ten deaths (AFR 12.5.23). I guess too much poor nourishment and lack of sufficient exercise, due to greater reliance on home entertainment and a car, is causing a lot of heart disease and diabetes. I address independence in this global and regional context from the post World War 2 perspective of the sociologist Talcott Parsons. Writing in the 1950s he saw sickness, like crime, as the potentially disturbing Influence upon the smooth operation and reproduction of the society. Associated with being sick is the 'secondary gain', however, of exemption from normal task and role obligations. On the other hand, new social obligations are added – to want to get well; to try to get well, and to seek out and cooperate with competent helpers. The sick role, if undertaken well, becomes the social maintenance mechanism necessary for the individual maintenance of the social system. This is the medico-legal state. Tell the boys this has a lot of new industrial implications and perhaps leave it at that. (There's none so blind as those who won't see and those who don't want to know will screw you up as usual.)

Freud was an atheist as many Europeans have been for a long time, I guess. In 'The future of an Illusion", Freud described belief in God as a collective neurosis he called 'longing for a father". His last book was Moses and Monotheism, completed in London on the eve of World War 2 when he was dying of throat cancer from smoking. The comparatively tribal or related brotherhood mind tends to prefer the virtue of loyalty to the father or leader and his dream, rather than the comparatively unbridled search for truth. Freud was different because his last book declared the historical, cultural and economic reasons for atheism, when Jews were being slaughtered in his homeland. The psychiatrist is a specialist in the mind and brain because he (or she) started with a medical degree, specialised in pretending mastery over the treatment of one mental disease or another. The psychologist often operates on a medical model without the medical state monopoly rights. As an old fool, presumably, I feel only competent to address my own mental disability and perhaps to extrapolate to others from this experience, aided by Google. I think anybody who claims they understand another person's mind better than they can know their own is kidding themselves in comparatively authoritarian ways. I guess psychiatrists are often unable to face their own concerns adequately, so address the others'. Unreasonable dependence on others has been a common woman's problem in my experience. It may be alleviated by growing independence through earlier acquisition of paid work, including to help family planning, contraception and abortion where it appears sorely needed for the good of all around.

In any culture where spending small amounts of money or saving it is now considered shameful, that place appears likely to be in moral decline, and part of the problem of fast accelerating inequalities between the globally rich and poor. In the article Peterson's peptalk to Coalition MPs on how to beat the left (AFR, 25.11.22 p. 25), Jordan Peterson, Canadian author, clinical psychologist and philosopher, states his views about energy and the family. His judgment appears also to apply to housing anywhere, including in our particular regional parts, and to many other services. Peterson apparently said to the meeting with the parliamentary group, 'You want to serve the poor. It's very straightforward, you make energy as cheap as you possibly can.' See more on related regional matters attached in addresses to Australian National Party members and others, with primary reference to troubled rural areas first, as WHO recommended.

The concept of disability, from broadly Freudian and Jungian theories of personal development within the family and its associations, is conceptualised in historical terms. This global history produced the mind over time, as well as the brain. Ideally, the search for independence in constructed in these terms, as distinct from in terms of the apparent avoidance of death by periodic destruction and approval of life everlasting. The medical model and diagnosis, on the other hand, assumes that any expressed problem lies within the individual's physical body. When tested, this body can be cured by drugs or surgery, which Matt Nable has already tried, along with his brother. Matt's brother, Aaron, was a boxer who has motor neurone disease. Matt's wife, Cass, works in marketing for suicide-prevention foundation 'Gotcha for Life'. For an old-fashioned Marxist grandma like me, Matt Nable's story by Gary Maddox, leaves a lot of questions unasked and unanswered about Matt's dad. He was a soldier. Matt's mum had five kids by the time she was twenty-

seven. Matt's wife had three under five. What kind of life did they all expect and why did the mothers keep on having children so early in life? Did the men have nothing to do with their marital choice? Matt had what I can only guess was a suicide attempt that failed in 2012. "We lose too many people to suicide every day, Matt says, 'the alarming statistic is men'. The opposite thesis posed here, is that more old men and women should seek an early death for the good of the rest left behind and themselves. This is ideally proposed as a purely voluntary effort in the safe and reliable hands of the Australian state. Avoid huge amounts of disability cost and pain for everybody involved. Globally, people are being starved, bombed or shot at by men at an incredible rate. Many could live and die better if we choose for ourselves. I recommend that Matt and his brother, should embrace an early and quick death and film it. This would help others of us who want to copy the process later, but who don't know how or who are too frightened of botching the job, like me. Later, I address Anthony Loewenstein's views in an interview by Wolter Peeters entitled 'To not believe in Israel was to somehow forfeit one's name as a good Jew'. Lowenstein states his wish "is to follow in the grand tradition of a hybrid cosmopolitan identity". I have no idea what state he wants either and I blame his father, the barrister, later.

If one is applauded for sacrificing one's life for one's country as a soldier, why shouldn't old men or women be applauded by the state for killing themselves to avoid what otherwise might be years of pain, work and cost to themselves and everybody left behind? Feel free to regard this as the normal feminine cry for help from the Christian or other state. Frankly, I am too cowardly to choose the normal ways men try to kill themselves, or else I find them morally repellent. There have been 200 mass shooters in the US this year alone, for example. I used to support Save the Children, World Vision, Austcare and similar charities until I decided that the Christian and Jewish philanthropic plots had dismally failed and an increasing number of women, kids and civilians were probably better off dead than chronically tortured, disabled or killed by their men's expanding family values and sexual expectations as usual.

Considering the proposed Aboriginal Voice to Parliament, and our Australian Constitutional roots, I appeal to Australian Aborigines first in this matter of the rights of old people to choose an early death if they are sick of living, especially if they don't believe in God or Heaven, let alone Hell. Death seems perfectly normal to me and a great release from a long life which has become tedious or painful for any reason. I address the growing number of apparently ungovernable kids given to any woman to look after, to recommend that the best way out of poverty for any woman and children now is to have fewer children who can also get better jobs as early as possible. Poor Matt Nable, who was so honestly clever and who tried so hard to escape his mates. But he was dragged down and used as usual. It seems better to have been an only mother's boy, like Clive James, who also knew who he was, I guess.

This view of birth, which rich Christian and Jewish women and professionals have used most effectively in business across the world since the 1960s, naturally leads, for the old atheist like me, to a related view about death in old age. Let us oldies take the risk and duty to die whenever we want upon ourselves, not necessarily together, of course. Government and its related professional communities should offer atheists assisted deaths when they have tired

of living and think they should go home to sleep with Mr Death, or anybody else for that matter. These assisted deaths should be recognized and applauded for personal and moral reasons when people are old or want to die for disability reasons, that they and those around them deem to be reasonably good.

If Matt doesn't fancy death and cheers up, I recommend a remake of **The Shiralee** or **Kangaroo**, or both. He could play the unusually horrible Brian Brown figure, or the returned soldier that DH Lawrence liked so much, with someone suitably slender in the DH Lawrence role, perhaps. Kangaroo is a story of returned soldiers and the fight between fascism and socialism in Australia. You need a strong wife, because she's the only one who makes sense in the book. (I'm bored to sobs with poor Australian scripts and this is just a suggestion for a better story about men, mental health and the contradictory nature and potential outcomes of attempted revelation or confession of the self to men or anybody else.) I thought **The Final Winter,** the film that Matt Nable made about football, was the finest Australian film ever made at the time but I only saw it once because it disappeared so fast. He went on to bigger and better things with his mates as usual?

There are a large and increasing number of atheists in Australia who deserve to have their rights and moral observations recognised as they have been an important part of Australian historical and regional development from the beginning of the white settlement of Australia as a penal colony. It was occupied by aborigines already, but so was everywhere else that just about anybody ever went to make a living. I make this point because I think the world has predominantly been ruled in the years after WW2 by the principles of the US Constitution which encourage the proliferation of weapons and the rule of savagely secretive men all over the world. I think the Australian Constitution was a useful administrative document at the time it was written in 1901. I think it has been comparatively well used by many Australians in service, given the historical limitations of its time. However, the idea that it should last forever in changing technological times seems unnecessarily foolish and costly. For this reason, I don't want to see an Indigenous Australian Voice, included in the Constitution as the continuing approach is outdated and inadequate to the global task of community integration for better service to people everywhere. There are too many lawyers standing in the way of better ideas on justice and service already. See www.Carolodonnell.com.au The new energy age and its communications are addressed in willing and banking of land and housing later and attached. Try to tie services better to the ground. I address related land, health and strata management matters attached. These suggestions from Sydney are naturally made in the regional light of their rejection of the proposed First Nations voice in the Constitution. It represents another unacceptable legal response, with fat pooling at central administration.

At 76 I find my biggest problem, and I guess the problem of many, is that I am frightened of the powers of new IT. I fear the weight of these proliferating systems driving us, means they will increasingly crush my capacity to travel and work independently, like I used to do. As a homeowner forced to bank with the obnoxious Macquarie Bank and use its systems, on which see more attached for example, I can only sympathise in rage with the woman trying to help a young friend make an on-line rental application who wrote, 'Online rental

application wasn't the doddle I expected' (SMH 8.5.2023). One often wonders how far above the normal fray those who don't hate proliferating IT changes are living without stress. I've seldom heard any old man or younger man or woman complain about their problems with new technology and wonder why not. Is this ADHD or autism or another case of more money than sense? When I was young, there was no ADHD. There were only naughty boys who wouldn't do what the authorities expected. Give them sport or anything else they want? (The alternative approach now seems to be to drug them for life, legally, illegally, or not, as the case may be.)

Why do so many men appear to enjoy fighting and killing with all its related machinery so much, while also proclaiming the incredible sadness of suicide, like Matt Nable? (Perhaps they are full of shit?) Perhaps Matt could see his family and himself as old-fashioned failed experiments if they aren't all doing so well in the current medico-legal state environment. I address Anthony Lowenstein and his interlocuter Wolter Peeters and his father in a similar light. Jeffrey Lowenstein, Anthony's father, was born in 1943 in Melbourne, when his maternal grandparents were dying in Auschwitz death camp. In his Good Weekend article, however, Anthony Lowenstein, son of Jeffrey the Melbourne barrister, concentrates his concern about injustice in Israel on the history of the Jews and on the fact that Melbourne Jews have scorned him and his family for claiming in his book, The Israel Question, published by the Melbourne University Press, that the Israeli government's treatment of Palestinians appears to be the result of their racist ideology. Some have even hinted that Anthony's father, for example, would soon stop receiving briefs from Jewish solicitors. (Quelle horreur, and at his age too!) Like many academics, perhaps we need to buy and read Anthony's book to get his answer to the question of what kind of an Israeli state he would think of as good. However, I suppose that debate properly goes on forever making money, and is best left to people like his father and other lawyers anyway. Meanwhile, Anthony gets more money for his further research on the problems of being Jewish, while mum and the girls help out with the causes. Anthony will need this if he is to live a selfdetermined life, without relying on his parents or non-Jewish wife, Ali Martin, who has secured a senior job with Oxfam in East Jerusalem. We know he loves her because she loves human rights. I can only guess she's a lawyer.

As Clive James wrote in his memoirs of working in British TV, **The Blaze of Obscurity**, 'Very slowly, too slowly, I had been graduating out of contempt for the inherited orders injustices, for gratitude that it was not more unjust. In Australian TV we all appear similarly encouraged to feel we count a lot at particular times, like on birthdays, when we might also teach language and poetry in singing, while strumming a ukelele like Kermit the Frog, for example. It's a regular and stable good life. In the light of the past and concerned about current and future cost trends of social disability and environmental loss, I address this recommendation for assisted suicide to all old people who voice the desire to die to all our religious and indigenous earthly roots. Help us now, including Jonothan's parents and friends, if any want to go, because from my experience I bet it could be extremely good financially for the rest. The only reason I see to vote Yes to the forthcoming Aboriginal Voice to Parliament, especially in the Constitution, is that there should be financial incentives for women to have fewer children instead or more, and invitations should be extended for a

suitably quick and early death for old people who want it, assisted by the state. Perhaps ask Andrew Forest and Gina Rinehart our greatest mining magnates what they think.

Tell Matt Nable, for example, that I for one will clap him as he passes on with his brother for company. If John Singleton, Tom Keneally, Bob Connolly and the rest throw a joint suicide party and film how they do it I will watch it at the local cinema or on TV. Take assistance from the state, because it usually appears most worth it when we are old and want to go, from my womanly perspective. Invite suitable friends wishing to end their own footprints. I loved Matt's film, The Final Winter because of its honesty but it's the only thing of his with which I am familiar, my tastes and obscurity being what they are. Those who called it melodrama never wanted truth. I write as an atheist and woman who hates football as usual. The recent newsclip of the African pastor who encouraged so many women and children to starve themselves to death to see the face of God reminds me of how much I want to see and hear more from the women who are at home or crushed by the men tearing the joint apart on TV every night, albeit watched only at higher and more comfortable levels in news broadcasts. If you were among the men quietly trying to build the place up, I guess you'd really learn to hate those tearing it down like Zelensky in Ukraine, inviting other lovers of freedom to join in as usual. I guess the men who turn up in Ukraine also get paid as well. Before the male armies and militias take over their parts of the world with their brothers any further, dragging us in, and because I'm better than Anthony Lowenstein, I would like to advise on who to kill. Allow and assist all those who want to die, especially if they are old, as starving women and kids are now unfashionable in wealthier parts, whether they are secretly atheist and perhaps working for Satan or not. We prefer being obese, diabetic or threatening cancer instead, or at least until surgery or drugs. Some of us find it hard to care about Matt's distress as I bet that he and his mates have the knowledge to end it through calling for death. It must be faced by us all eventually. Give atheists or others a chance to show us how.

Here in comparatively lovely and well managed Australia, however, I agree with Tasmanian state representatives who thought Australian Treasurer, Jim Chalmer's budget was probably as good as could be expected under electoral circumstances. I address concerns his budget could lead to inflation through the related recommendation that baby boomers who want to be euthanised should be applauded and assisted in their choice, however selfish or self-less it seems. It is a controlling contradiction in theoretical and professional terms and wrong to refuse to assist the old atheist's personal choice of death. The alternative is that an increasing number of old people must live on under the costly experimental eye of others until they die. That seems like a Nazi method to me. (Worse than that, it's very expensive for the rest. If we were machines, we would be got rid of earlier to make way for the rest. We baby boomers who want to die should be helped by the state whenever we want to go because, tests, products and services differ drastically whatever the boys think. (Don't worry, baby, the boys will make it happen smooth as silk?)

As a former high school teacher and student, I have considerable sympathy for the position that former Queensland policeman, Peter Dutton, the current Leader of the Opposition has been placed in, accompanied by National Party or related interests in how better to pursue more apparently reasonable orders. However, I think his reply to Treasurer Jim Chalmer's

budget speech is wrong because he appeared to claim that the budget would make the cost of living worse, while increasing the likelihood of increasing inflation and interest rates at the same time. Peter Dutton wants tax cuts for many Australians because 'your money is not the government's'. As a young working mother in the 1980s it was obvious to me that my money can be better spent by government than by me, if what I want most is child care or good public transport, because the community has no idea about my primary demand and no capacity to serve it. Even if I have the money to pay for it, I can't find it, and if I do, I still need to trust it. Government is far more likely to provide services I want most from my taxes, and in Australia it has usually done so far better, cheaper and more reliably than the market left to its own devices. Women's work of caring about children, or disabled or old people is commonly waged today and regulated by government to produce its expected standards for consumers. Personally, I'm very grateful so far, after a lot of comparatively well-paid or protected struggle, but need government to help me die when I want. This will save taxpayers and others money which seems otherwise poorly spent unnecessarily. Although Peter Dutton agrees, perhaps surprisingly, that government should raise the wages and status in common female occupations, like caring for the young, the disable and the old, his alternative recipe for a lot of the rest of the budget involves spending more on warfare related items.

This appears an increasingly fragile international peace which easily descends into localised war on the peaceful, as a result of related riots in comparatively poor and catastrophic lives, by angry men and boys. This is male behaviour dragging the world backwards by secrecy and force again. Peter Dutton said he wants to see government take a planning approach to development but such planning is only made possible by a large, powerfully informed institution, which isn't trying to operate in secret to its own advantage and that of its shareholders. The low tax and market-based approach which Dutton appears to take to development can't be done by individuals because they don't have the same knowledge and planning capacity as government. As individuals we normally appear logically as part of the collective. The objective of government, in Medicare design, for example, has been focused on widening access to service nationally while improving its quality to all at reduced cost, compared with the products and services of the US market, for example. The ABC and SBS TV and radio have been designed to serve the people comparatively broadly and cheaply as well. The concept of independence and independent choice are addressed in related global regional contexts, where it is also assumed that there may be considerable variability in regard to the particular ground and individual within any local community. In a planning approach, recreation is deemed a broader force than sport. US sport drives the lot to market instead. Basically, I feel the same about women as men. If they want to disable themselves, give them a go if they want. However, I won't be there personally to watch or help in any way because what they are doing seems so stupid. (Just to be fair, I feel the same about surgical or related procedures to make oneself look younger. Don't they value their work history at all?)

This move to recognize the rights of atheists to choose death, instead of being forced to keep on living, would save the rest of society an extraordinary amount of money and free up a lot of housing and services. I don't need maths to knows that this is so. I address the obviously ballooning costs of the NDIS, therefore in this outraged spirit of wonder, turning

to Bill Shorten, Julia Gillard and the rest of the gang for guidance as usual. I've no idea what they think they are doing and where their current trajectory will go, other than to the rough boys who are proud liars because market forces made them into that and who can blame them. (In death we will not blame them but we will escape their IT paths in future, especially those still breeding like rabbits.)

I have loved Australian men primarily because what they said usually made a lot of sense to me at the time, but I never knew a Christian believer closely. Now that anti-discrimination legislation has taught us people are lovely all over, equally with us, how come that as an old atheist, I am denied the right to die reliably, peacefully and with respect, assisted by the Australian state as soon as I want? The alternative appears to be enduring disability under the controlling eye of professionals for whom we seem more like experimental subjects. To play big boys' football, or to put oneself forward as an experimental subject in disability or old age seems fine to me, for those who choose to do so. (Go for it, Matt and the girls, rip out your throats about menopause on TV, for example.) However, I am sickened by professionals who pretend they know much about another's mental state, as distinct from what they might say that they wanted and why. When women are referred to today as 'strong', like Julia Baird's mother, one always wonders what a writer means by it. One cannot measure personal courage or love. There is only the story to go on, I guess. Admittedly Wikipedia gets more fabulously reliable and informative every day. Surely this has been the best way to harness the wisdom of crowds instead of a lot of private, scary. shit.

I used to donate regularly to Save the Children, World Vision and related charities, until I concluded doing so was a comparative waste of time. Over the past decades it has increasingly seemed that the Christian and Jewish ideas about justice and charity and the economists' theories about markets bringing financial equilibrium and social harmony were constantly shown on nightly TV to be wrong. Surely one must admit there are good and bad Jews by normal standards, but why not give us atheists a chance to live with our moral values freely and equally accepted at last, if only as those of a dying race, perhaps? To those contemplating justice, corruption and the indigenous voice to parliament from any more authoritarian and medical model of the person, looking down on me, I ask, 'Do you want me to be honest or not'. Being honest is far from the same as being right but it has always seemed helpful to me in getting to a better place economically, politically or personally in Australia. Hindus seem dangerously nuts to me, for example, unless they are thoroughly Westernised first and so do the Jews and Christians still bearing far too many children, compared with the rest. One asks because any great man can seldom afford to admit he wouldn't trust some of the nasty thugs who are expected to be, and taken as, his followers. When I look at men rioting without women on TV at night I wonder if these are the main warmongers left and I wonder why they turned up. Surely the rest have the right and duty to get themselves better reproductive services now and in future. I have no idea where organisations like Save the Children and World Vision stand on these debates. I guess it's still with the logic of the South American baby Jesus which seems as dangerously outdated as usual. I wonder why the communist eye doctor, Fred Hollows and his wife had so many children and if anybody ever asked them. Why do the women do it? Since Matt Nable now appears a poster boy for men's health in the **Good Weekend** magazine, I wonder why his mum had five kids and if his dad had anything to do with it. Depressed Matt Nable

couldn't commit suicide because of the family he would leave behind. I wouldn't have the guts because I'd fear I couldn't do the job.

When I was young, Holdsworthy was a place where it was known on the women's refuge circuit, that women were regularly beaten up. Even apparently stupid women like Sunil Badam, writing in the **Good Weekend**, apparently gets the Hollywood wedding today. This is a recipe for bitterness and pain comparatively early in life in a lot of places, I guess. Matt's mum, Kristine, (and one assumes his dad, Dave, was also involved in this decision), had five kids before Kristine was 27. To the only child, I would assume, however, that the large family has its substantial downsides, with a lot of them being material. Why in God's name did these women have so many children so close together like that, with such apparently disengaged partners one wonders so often. However, the Anglo-Irish Christian tradition, that Matt Nable and his wife's masochism, sport, family size and friends appear to embody is not part of my tradition as an atheist whose family atheism goes back generations. If women want to smash themselves around in football or having facelifts, or living dependant on a man's income, go right ahead sister, especially if the alternative is having too many kids to support when you and the fathers can hardly support yourselves. As a Marxist grandma of 76 I know how demanding children can be on a mother's freedom. Why did they do it? In Matt Nable's and his brothers case it 'made them really close, because they just had each other'. (Like being in the army before Las Vegas took over the lot?)

Cheer up your brother by dying with him instead of inflicting yourselves upon the normal women as usual. I mean that seriously, because pretended Christians are ruling like rabbits all over the world. Many are black and brown instead of white. I know this because I have not believed in God since childhood, and neither have an increasing number of people. Jews are a dying race, with the exception of the total nutters who are still having more than three kids and expecting the usual high standards of living. As an atheist grandma I've seen men like Matt Nable all my life and their predictable depression as they age bores the hell out of me. What did they think would happen if they smashed into each other so hard for as long as they could? Endless love?

Cheers

Carol O'Donnell, St James Court, 10/11 Rosebank St., Glebe, Sydney 2037 www.Carolodonnell.com.au